



20th National Conference of

Diabetes in Pregnancy

STUDY GROUP INDIA

DIPSI 20
26

SUNDAY

MARCH 8

THE SAVERA, CHENNAI

SCIENTIFIC BROCHURE

www.dipsi2026.com

WELCOME MESSAGE

It gives us immense pleasure to welcome you to the 20th National Conference of the Diabetes Pregnancy Study Group India (DIPSI 2026), a landmark academic gathering dedicated to advancing excellence in diabetes and pregnancy care. We are honored to host this prestigious event in the culturally rich city of Chennai on 8th March 2026. Over two decades, DIPSI has remained committed to advancing knowledge, research, and clinical excellence in this vital field. This conference serves as a dynamic platform for clinicians, researchers, and healthcare professionals to exchange ideas, share experiences, and collaborate meaningfully. The scientific program has been thoughtfully curated to address contemporary challenges and emerging trends in maternal and metabolic health through keynote lectures, panel discussions, and interactive sessions. The event also provides an opportunity to reflect on past achievements while envisioning future directions in care and research. We believe that shared knowledge and collective wisdom are key to improving outcomes for mothers and their babies. Your presence and active participation add great value to this conference, and we encourage you to engage actively, share insights, and build lasting professional connections. We extend our sincere gratitude to the faculty, organizers, sponsors, and all delegates for their unwavering support and participation. We are confident that DIPSI 2026 will be both intellectually enriching and professionally rewarding, and we warmly welcome you to a memorable, inspiring, and successful conference experience.

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PROF. SAM G.P MOSES HALL – 8th MARCH 2026 SUNDAY

TIME	TOPIC	SPEAKER
08:00 AM Onwards	Registration	
08:55 AM - 09:00 AM	Welcome address by Scientific Chairman	Dr Rajeev Chawla
09:00 AM – 10.00 AM	Scientific Session 1	
Chair Persons: Dr. PV Rao, Dr. E Suresh, Dr. Sumathi Surendran		
09:00 AM - 09:15 AM	Novel Biomarkers for GDM Prediction	Dr. Rutul Gokalani
09:15 AM - 09:30 AM	DIPSI vs IADPSG: Which Screening Strategy Truly Serves India Best?	Dr. A K Das
09:30 AM - 09:45 AM	Is Early GDM a Distinct Clinical Entity or Undiagnosed Overt Diabetes?	Dr. Shashank Joshi
09:45 AM - 10.00 AM	Discussion	
10:00 AM – 11.00 AM	Scientific Session 2	
Chair Persons: Dr. CR Anand Moses, Dr. R Madhavan, Dr. Vijaya		
10.00 AM - 10:15 AM	Fetal Brain Development in Diabetes	Dr. Shalini Jaggi
10:15 AM - 10:30 AM	Foetal Male Gender as Risk Predictor	Dr. Rajeev Chawla
10:30 AM - 10:45 AM	Diabetes in Pregnancy: A Global Perspective	Dr. Banshi Saboo
10:45 AM - 11.00 AM	Discussion	
11.00 AM – 11.40 AM	Scientific Session 3 Key Note Address	
Chair Persons: Dr. N Rajendiran, Dr. D Shanthram, Dr. Nirmala Jayashankar		
11.00 AM - 11:30 AM	Insights from the TOBOGM RCT: More Evidence for a Lifecourse Approach to GDM	Dr. David Simmons
11:30 AM - 11.40 AM	Discussion	

PROF. SAM G.P MOSES HALL - 8th MARCH 2026 SUNDAY

TIME	TOPIC	SPEAKER
11:40 AM – 12:10 PM	Scientific Session 4 - Dr. V SESHIAH GOLD MEDAL ORATION	
Chair Persons: Dr. V Rajendran, Dr. Shanthy Elango, Dr. Uma Ram		
11.40 AM - 12.00 PM	PRESIDENTIAL ORATION - Life History of our Legend	Dr. N Bhavatharini
12:00 PM - 12.10 PM	Discussion	
12:10 AM- 12:40 PM	Scientific Session 5 - Key Note Address by Life Time Achievement Awardee	
Chair Persons: Dr. Arthur J Asirvatham, Dr. P Dharmarajan, Dr. Meena Mahalingam		
12:10 PM - 12.30 PM	Future Landscape of Diabetes in Pregnancy	Dr. A Panneer Selvam
12:30 AM - 12.40 PM	Discussion	
12:40 PM - 01:20 PM	Scientific Session 6 - Plenary Lecture	
Chair Persons: Dr. RS Hariharan, Dr. A Sundaram, Dr. Cynthia Alexander		
12:40 PM - 01.10 PM	Primordial Prevention of Diabetes - A Generational Approach	Prof. V Seshiah
01:10 PM - 01.20 PM	Discussion	
01:20 PM - 2:00 PM	Lunch & Poster Session	
02.00 PM – 03.00 PM	Scientific Session 7	
Chair Persons: Dr. R Balajinathan, Dr. A Sivakumar, Dr. Mahalakshmi		
02.00 PM - 02:15 PM	Reducing Neonatal Complications	Dr. Pikee Saxena
02:15 PM - 02.30 PM	Anaemia, Vitamin D & Micronutrients in Pregnancy	Dr. Anjalakshi C
02:30 PM - 02:45 PM	Oral Agents in Pregnancy	Dr. Rakesh Sahay
02:45 PM - 03.00 PM	Discussion	

PROF. SAM G.P MOSES HALL - 8th MARCH 2026 SUNDAY

TIME	TOPIC	SPEAKER
03.00 PM – 04.00 PM Scientific Session 8		
Chair Persons: Dr. S Nallaperumal, Dr. Pushpa Saravanan, Dr. RH Lakshmi		
03.00 PM - 03:15 PM	Should First-Trimester Universal Screening for GDM Become the Standard of Care	Dr. Samar Banerjee
03:15 PM - 03:30 PM	Obesity Management	Dr. Usha Sriram
03:30 PM - 03:45 PM	Dyslipidaemia Management	Dr. Pratap Jethwani
03:45 PM - 04.00 PM	Discussion	
04.00 PM – 05.00 PM Scientific Session 9		
Chair Persons: Dr. V Mahadevan, Dr. N Usha, Dr. S Ranjith Pratap		
04.00 PM - 04:15 PM	Psychological Impact of GDM & Coping Strategies	Dr. Rajesh Jain
04:15 PM - 04:30 PM	Is Postpartum Care, Lost to follow-up in GDM ?	Dr. A Shanmugam
04:30 PM - 04:45 PM	AI-Based Risk Scoring Models for GDM	Dr. Alok Modi
04:45 PM - 05.00 PM	Discussion	
05.00 PM - 05.20 PM Valedictory Function		



PROF. V SESHIAH HALL - 8th MARCH 2026 SUNDAY

TIME	TOPIC	SPEAKER
08:00 AM - 09:00 AM	Registration	
09:00 AM - 10.20 AM	Scientific Session 10 FREE PAPER	
Chair Persons: Dr. S Chandrasekar, Dr. T Ganesh, Dr. Aarathi Kannan		
09:00 AM - 09:10 AM	Role Of First Trimester Thyroid Function And Antibody Screening In The Prediction Of Development Of Gestational Diabetes Mellitus	Dr.Kamala.T
09:10 AM - 09:20 AM	A Fragile Balance: Diabetic Ketoacidosis in Pregnancy Complicated by Intrauterine Fetal Demise	Dr. Shalini.K
09:20 AM - 09:30 AM	Triumph Over Complexity: Successful Pregnancy In Type 3c Diabetes After Lateral Pancreaticojejunostomy - A Rare Case With Favorable Maternal And Neonatal Outcome	Dr. Mohamed Yasin. M
09:30 AM - 09.40 AM	Ferroptosis Mediated Placental Dysfunction Via Impaired Angiogenesis in the Pathophysiology of Gestational Diabetes Mellitus	Dr. S Monisha
09:30 AM - 09.40 AM	Macrophage reprogramming mediated pathophysiology of Gestational Diabetes Mellitus	Dr. Mylavaram Sai Tanmay
09:50 AM - 10.00 AM	MicroRNA-Based Therapeutic Strategies to Improve Placental Function and Pregnancy Outcomes in Gestational Diabetes Mellitus	Dr. Milan KL
10.00 AM - 10.10 AM	The Glycemic Wheel: A Visual Dietary Tool to Enhance Dietary and Diabetes Self-Management and Education and Improve Glycemic Control in Type 2 Diabetes.	Dr. Ashwin Karuppan V
10.10 AM - 10.20 AM	BCSI-T2D A Novel β -Cell Stress Index to Guide Timely Insulin Initiation in Type 2 Diabetes	Dr. Aafrin Shabbir
10.20 AM - 11.20 AM	Scientific Session 11	
Chair Persons: Dr. C Muralidharan, Dr. Balaji Chidambaram, Dr. Nirmala Vijaykumar		
10.20 AM - 10.35 AM	GDM & CVD Continuum	Dr. G Vijay Kumar
10:35 AM - 10.50 AM	Postpartum Care In Gdm	Dr. Mayura Kale
10:50 AM - 11:05 AM	1 Hr vs 2 Hr PP Debate	Dr. Bijay Patni
11:05 AM - 11.20 AM	Discussion	

PROF. V SESHIAH HALL - 8th MARCH 2026 SUNDAY

TIME	TOPIC	SPEAKER
11.20 AM – 12.20 PM Scientific Session 12		
Chair Persons: Dr. V Ravindranath, Dr. MG Uvaraj, Dr. T Bharathi		
11.20 AM - 11:35 AM	Hypoglycemia in Pregnancy	Dr. M Shunmugavelu
11:35 AM - 11.50 AM	Preconception Counselling	Dr. Hema Divakar
11:50 AM - 12:05 PM	Integrating Technology in HIP: CGM in diagnosis of GDM	Dr. Anuj Maheshwari
12:05 PM - 12.20 PM	Discussion	
12.20 PM – 01.20 PM Scientific Session 13		
Chair Persons: Dr. V Vanitha, Dr. A Geethalakshmi, Dr. D Priya Malini		
12.20 PM - 12:35 PM	Medical Nutrition Therapy 2026	Dr. Kavita Gupta
12:35 PM - 12.50 PM	New-Era Insulins in Pregnancy	Dr. Sunil Gupta
12:50 PM - 01:05 PM	Thyroid Challenges in Pregnancy	Dr. Purvi Chawla
01:05 PM - 01.20 PM	Discussion	
01:20 PM – 02:00 PM Lunch & Poster Session		
02.00 PM – 03.00 PM Scientific Session 14		
Chair Persons: Dr. V V Ramkumar, Dr. Kanmani Ganesh, Dr. S Suresh Kumar		
02.00 PM - 02:15 PM	Should All Women with GDM Receive CGM For Monitoring & management -Balanced view	Dr. Dhruvi Hasnani
02:15 PM - 02.30 PM	Wearables in Pregnancy/ Noninvasive devices - Smart Sensors & Glycemic Trends	Dr. Vipul Chavda
02:30 PM - 02:45 PM	Early Screening & Prediction Models	Dr. Uday Thanawala
02:45 PM - 03.00 PM	Discussion	

PROF. V SESHIAH HALL - 8th MARCH 2026 SUNDAY

TIME	TOPIC	SPEAKER
03.00 PM – 04.00 PM Scientific Session 15		
Chair Persons: Dr. K Mohan, Dr. P Selvapandian, Dr. N Kannan		
03.00 PM - 03:15 PM	Unplanned Pregnancy in Diabetes	Dr. Bharti Kalra
03:15 PM - 03:30 PM	Challenges during labour in GDM	Dr. B S Susheela Rani
03:30 PM - 03:45 PM	Managing Type 1 Diabetes in Pregnancy	Dr. I Periyandavar
03:45 PM - 04:00 PM	Discussion	
04.00 PM – 05.00 PM Scientific Session 16		
Chair Persons: Dr. RP Rajesh, Dr. Gowrishankar, Dr. G Rajkamal		
04.00 PM - 04:15 PM	Busting Myths in GDM	Dr. Anshul Kumar
04:15 PM - 04:30 PM	Challenges in diagnosis of GDM	Dr. Uthra
04:30 PM - 05:00 PM	Panel Discussion on GDM Awareness Messages for Communities Moderator: Dr. K Vengada Krishnan Panel Members: Dr. P Amala Florida, Dr. MR Vidhya, Dr. V Ashwin Karuppan	
05.00 PM - 05:20 PM Valedictory Function		



E- POSTERS

TITLE	PRESENTER
Future Metabolic and Surgical Risks of Gestational Diabetes Mellitus: Implications for Long-Term Maternal Health	Mr. Dinesh Noble B
Impact of Gestational Diabetes Mellitus on Cesarean Delivery Outcomes and Perioperative Glycemic Control: A Clinical Review	Mrs. Evangeline Grace C
HyperglycAemic chorea: The Dance of Diabetes - An unusual Presentation	Dr. S.Nimithap
Diabetes in young	Mr. Rajesh R
DIPSI vs IADPSG: Which Screening Strategy Truly Serves India Best?	Dr. Rushmitha N G
Transient Neonatal Diabetes Following Gestational Diabetes Mellitus: A Case Report	Dr. Inti Hema
Comparison of DIPSI VERSUS IADPSG TO SCREEN GESTATIONAL DIABETES MELLITUS IN INDIA	Dr. Niranjana Anand





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Professional Conference Organisers



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